

weight loss surgery

WEIGHT LOSS SURGERY MAY PREVENT HEALTH RISKS, DIABETES TYPE 2

Bariatric Surgery may be helpful if you are at risk for, or currently have Type 2 diabetes. There's a known correlation between weight and diabetes, and for some, diet and exercise alone cannot help with weight loss. This is especially true for those individuals who are 100+ pounds over their ideal healthy body weight.

At St. Vincent's Medical Center, we believe that Bariatric Surgery can be an effective tool in helping you combat Type 2 diabetes. With proper counseling from our expert team, you can overcome obstacles and achieve a healthy new lifestyle post-weight loss surgery.

PROCRASTINATION & WEIGHT LOSS SURGERY

Many people procrastinate with weight loss surgery for different reasons, even if it can be an antidote to developing diabetes or preventing diabetes-related health hazards. For some, the decision to undergo weight loss surgery may take several years.

Those who seriously contemplate weight-loss surgery tend to understand it is not a quick fix. Through education, they learn to recognize it will require a commitment to achieving their goals and maintaining their weight loss post-surgery.

ST. VINCENT'S MEDICAL CENTER: A LEADER IN WEIGHT LOSS SURGERY

At St. Vincent's state-of-the-art, comprehensive Bariatric Surgery Center, it is our responsibility to educate and support each individual's medical, surgical and emotional needs. The success of our Bariatric Weight Loss program is greatly enhanced by our counseling in the nutrition, exercise and psychosocial aspects of obesity.

Don't wait for weight-loss – learn more and know your options now by registering for a free, no-obligation, informational seminar. See how other Bariatric Surgery patients achieved their goals.

why wait?

It could be time to seriously consider taking this important step – especially if you have recently been diagnosed with a weight-related health complication, including:

- Hypertension (puts you at risk for heart attack, stroke and heart failure)
- Type 2 diabetes (leads to cardiovascular disease, kidney and eye damage)
- Obstructive sleep apnea (problems with sleep can lead to high blood pressure)
- Orthopedic problems in the knees (decreased ability to exercise or maintain an active, healthy lifestyle).

FOR MORE INFORMATION,
PLEASE CONTACT THE BARIATRIC
COORDINATOR AT (203) 576-5431