

Healthy Crockpot Buffalo Chicken Dip

Ingredients:

1 (8 ounce) block of reduced fat cream cheese (cut into cubes)

3 cups shredded cooked chicken (or one rotisserie chicken)

2 cups shredded part-skim mozzarella cheese

1 cup hot sauce (Frank's Red Hot)

1 cup plain Greek yogurt

½ cup thinly-sliced green onions (about 3)

Directions:

Spray the inside of your slow cooker with cooking spray or place a crockpot liner inside.

Add all ingredients to the crockpot and stir until mixed.

Cook on high for 1.5-2 hours on HIGH or until all the cheese has melted.

OR cook for 3-4 hours on LOW or until all the cheese has melted.

Stir the contents after desired cook time, transfer to serving bowl and enjoy.